

Brockport Multi & Invitational
Eunice Kennedy Shriver Stadium - 4/14/2024 to 4/15/2024
Results

Women 100 Meter Dash

Name	Yr	School	Finals
Finals			
1	Khia Laster	JR Buffalo State	12.38 +0.0
2	Rosalie Vincent	FR Le Moyne	12.51 +0.0
3	Jenna Capolupo	FR D'Youville	12.57 +0.0
4	Alaina Morley	SO Nazareth	12.70 +0.0
5	Alexis Lasher	SO Nazareth	12.81 +0.0
6	Rebecca Schultz	SO Daemen	13.08 +0.0
7	Tina Kyriacou	SO Rochester	13.13 +0.0
8	Gigi Ferro	FR Geneseo	13.17 +0.0
9	Meghan Litteer	SO St. Bonaventure	13.40 +0.0
10	Bayleigh Woodard	JR Brockport	13.67 -1.4
11	Caitlyn Smithers	FR Nazareth	13.71 +0.0
12	Jael Ernest Fleurant	SR Rochester	13.72 +0.0
13	Rachel Daskiewich	FR Brockport	13.75 +0.0
14	Allison Lennebacker	JR St. John Fisher	13.80 +0.0
15	Alyssa Costello	FR D'Youville	13.81 +0.0
16	Ashley Holt	JR St. John Fisher	13.87 -1.4
17	Shiana Susa	SO Nazareth	13.91 +0.0
18	Kayla Sterner	JR Buffalo State	13.95 +0.0
19	D'Naesha Quicksey	FR Daemen	13.95 +0.0
20	Sarah Merriwether	SR Nazareth	14.15 -1.4
21	Riley Gomolka	SO St. Bonaventure	14.16 -1.4
22	Emily Salman	JR Rochester	14.16 -1.4
23	Aliyah White	SO D'Youville	14.19 -1.4
24	Chyra Patterson	SR Brockport	14.28 -1.4
25	Carin Young	FR Nazareth	14.58 0.5
26	Tashae Samuels	FR Alfred State	14.71 0.5
27	Abby Seamans	JR Rochester	14.85 -1.4
28	Zoe Noble	SO Rochester	15.05 0.5
29	Emily Brame	FR RIT	15.48 +0.0
30	Kathy Galindo	FR Alfred State	16.12 0.5
31	Julia Sponable	SO D'Youville	17.78 0.5

Women 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	Rosalie Vincent	FR Le Moyne	25.42 0.4
2	Khia Laster	JR Buffalo State	25.60 0.4
3	Jenna Capolupo	FR D'Youville	26.21 0.4
4	Lydia Ware	JR Roberts Wesleyan	26.37 0.4
5	Alaina Morley	SO Nazareth	26.43 0.4
6	Margaret Guilfoyle	JR Geneseo	26.70 0.4
7	Alexis Lasher	SO Nazareth	26.83 1.4
8	Jenna Raczka	JR Buffalo State	26.97 0.4
9	Trinity Ortiz	SO Finger Lakes	27.34 2.1
10	Courtney Bostic	SO Brockport	27.49 1.4
11	Jasmine Kendrick	FR Nazareth	27.51 1.4
12	Sarah Rivet	SR Alfred State	27.67 1.4
13	Gigi Ferro	FR Geneseo	27.70 1.4
14	Maya Hatch	SO Rochester	27.71 1.4
15	Tina Kyriacou	SO Rochester	27.73 1.4
16	Jael Ernest Fleurant	SR Rochester	27.90 2.1
17	Meghan Litteer	SO St. Bonaventure	28.09 1.0

18	Shiana Susa	SO Nazareth	28.36 2.1
19	Jordan Wagner	FR Nazareth	28.38 1.0
20	Emily Lopez	FR Geneseo	28.43 2.1
21	Bayleigh Woodard	JR Brockport	28.50 1.0
22	Delaney Manahan	JR Le Moyne	28.58 2.1
23	Caitlyn Smithers	FR Nazareth	28.69 2.1
24	Rachel Daskiewich	FR Brockport	28.72 1.1
25	Christine Zong	FR Rochester	28.94 2.1
26	Ariana Proper	FR Brockport	29.01 1.0
27	Ashley Holt	JR St. John Fisher	29.24 1.1
28	Alyssa Costello	FR D'Youville	29.29 1.0
29	Grace Gominiak	SO Daemen	29.61 1.0
30	Emily Salman	JR Rochester	29.72 1.0
31	Paige Lundgren	JR St. John Fisher	29.97 2.1
32	Chyra Patterson	SR Brockport	30.09 1.0
33	Riley Gomolka	SO St. Bonaventure	30.11 1.1
34	Autumn Cole	JR Brockport	30.51 1.1
35	Kaitlyn Burt	FR Nazareth	30.77 1.1
36	Aliyah White	SO D'Youville	31.03 1.1
37	Carin Young	FR Nazareth	31.05 +0.0
38	Neissa Raymond	SR Daemen	31.08 1.1
39	Tashae Samuels	FR Alfred State	31.26 +0.0
40	Kathy Galindo	FR Alfred State	33.75 +0.0
41	Julia Sponable	SO D'Youville	37.60 +0.0

Women 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Jenna Raczka	JR Buffalo State	58.48
2	Lydia Ware	JR Roberts Wesleyan	1:00.52
3	Courtney Bostic	SO Brockport	1:01.36
4	Sevilla Groebe	JR D'Youville	1:01.84
5	Grace Dolan	FR St. John Fisher	1:02.60
6	Hannah Thomas	SR Daemen	1:02.63
7	Lily Schnell	SR Alfred State	1:02.71
8	Sophia Leach	FR St. John Fisher	1:03.50
9	Madison Macneill	FR D'Youville	1:03.66
10	Sarah Rivet	SR Alfred State	1:03.70
11	Ariana Proper	FR Brockport	1:03.83
12	Kennedy Rose	FR Nazareth	1:04.54
13	Mary Trost	SO St. Bonaventure	1:04.78
14	Camryn Cwiklinski	JR St. Bonaventure	1:05.61
15	Alexandra Jacob	JR Le Moyne	1:06.27
16	Mallory Rice	FR Nazareth	1:06.45
17	Kylie Williamson	FR Brockport	1:06.57
18	Grace Gominiak	SO Daemen	1:07.59
19	Autumn Cole	JR Brockport	1:09.63
20	Neissa Raymond	SR Daemen	1:10.17
21	Grace Holmes	FR Finger Lakes	1:12.74
22	Angelina Rodriguez	FR Le Moyne	1:13.24

Women 800 Meter Run

Name	Yr	School	Finals
Finals			
1	Raechel Zielinski	SR D'Youville	2:21.26
2	Gwen Sullivan	SO Brockport	2:24.07

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Finals ... (Women 800 Meter Run)				
	Name	Yr	School	Finals
3	Julia Lantner	SO	Rochester	2:24.85
4	Adria Magnusson	SO	St. Bonaventure	2:26.68
5	Lejla Borcilo	JR	Geneseo	2:28.15
6	Isabella Heath	SR	Nazareth	2:29.50
7	Paige Ackley	SR	Nazareth	2:29.61
8	Christa Oates	FR	Daemen	2:30.41
9	Emily Dill	FR	Rochester	2:30.70
10	Faith Caldwell	SO	St. Bonaventure	2:30.77
11	Hailey Kumpf	FR	Alfred State	2:30.84
12	Kelsey Fahy	FR	Nazareth	2:32.76
13	Rita Sciortino	SO	Rochester	2:32.97
14	Abigail Thomas	SO	RIT	2:33.92
15	Marissa Wise	JR	Brockport	2:34.10
16	Abbey Moose	FR	Geneseo	2:34.29
17	Morgan Pospiech	FR	Nazareth	2:35.13
18	Mackenzie Ples	FR	Le Moyne	2:35.27
19	Bailey Visingard	FR	Nazareth	2:35.44
20	Chloe Fisher	FR	St. Bonaventure	2:35.94
21	Mara Mariani	FR	D'Youville	2:35.98
22	Olivia Ippolito	JR	St. Bonaventure	2:37.58
23	Sophia Bisognano	JR	Le Moyne	2:37.75
24	Alexandra Jacob	JR	Le Moyne	2:38.81
25	Emma Wendt	FR	Nazareth	2:39.93
26	Logan Fredrickson	JR	St. John Fisher	2:41.08
27	Molly Hart	SO	St. John Fisher	2:41.26
28	Esther Nankumba	SO	Brockport	2:41.45
29	Lauren DeMichele	SR	St. John Fisher	2:42.55
30	Lexie Hillman	SO	D'Youville	2:42.61
31	Sarah Carroll	SO	St. Bonaventure	2:44.28
32	Minna Cederman-Kobayas	FR	D'Youville	2:45.61
33	Georgia Hanley	SO	St. Bonaventure	2:46.71
34	Alyssa Young	FR	St. Bonaventure	2:47.53
35	Sophia Janik	FR	Buffalo State	2:48.19
36	Maggie Dolloff	JR	St. John Fisher	2:50.84
37	Angelina Rodriguez	FR	Le Moyne	2:53.03
38	Jenna Nguyen	FR	Buffalo State	3:00.60
39	Olivia Snell	SR	Le Moyne	3:02.61
40	Emma Massa	SO	St. John Fisher	3:30.17
---	Chloe Kirgan	FR	Geneseo	DNF
---	Camryn Cwiklinski	JR	St. Bonaventure	DNF

Women 1500 Meter Run				
	Name	Yr	School	Finals
Finals				
1	Sab Lin	JR	Rochester	4:57.71
2	Meghan Lex	FR	St. Bonaventure	4:58.68
3	Mackenzie Ples	FR	Le Moyne	5:01.25
4	Marlo Townsend	FR	Geneseo	5:01.54
5	Bethany Lorenzo	SO	Geneseo	5:02.46
6	Bailey Visingard	FR	Nazareth	5:04.90
7	Abigail Thomas	SO	RIT	5:05.23
8	Lauren DeMichele	SR	St. John Fisher	5:05.57
9	Patsy Oberholzer	SO	Daemen	5:07.22
10	Morgan Pospiech	FR	Nazareth	5:07.35

11	Lydia Cox	SR	Brockport	5:08.08
12	Kelsey Fahy	FR	Nazareth	5:08.11
13	Maeve Robarge	SO	Brockport	5:08.47
14	Julianna Lewis	SR	Roberts Wesleyan	5:10.16
15	Isabelle Popoff	SR	Alfred State	5:12.30
16	Katelyn Wilkes	FR	St. Bonaventure	5:12.38
17	Sophia Bisognano	JR	Le Moyne	5:14.04
18	Ally Zuidema	SR	RIT	5:15.05
19	Katherine Peterson	JR	Geneseo	5:16.19
20	Esther Nankumba	SO	Brockport	5:17.08
21	Olivia Ippolito	JR	St. Bonaventure	5:18.30
22	Karly Smith	JR	Roberts Wesleyan	5:20.20
23	Michelle Lorenc	FR	Brockport	5:23.29
24	Logan Fredrickson	JR	St. John Fisher	5:26.67
25	Georgia Hanley	SO	St. Bonaventure	5:28.76
26	Mara Mariani	FR	D'Youville	5:28.95
27	Emma Rath	SR	Roberts Wesleyan	5:32.55
28	Anna Tessier	SO	Geneseo	5:33.07
29	Lexie Hillman	SO	D'Youville	5:34.93
30	Alyssa Young	FR	St. Bonaventure	5:38.58
31	Siera Porpiglia	SO	Brockport	5:44.25
32	Maggie Dolloff	JR	St. John Fisher	5:45.44
33	Barbara Kunz	FR	D'Youville	5:46.24
34	Olivia Plummer	FR	Alfred State	5:47.67
35	Kaitlyn Goodwin	SO	Roberts Wesleyan	5:47.82
36	Megan Calder	FR	Finger Lakes	5:48.71
37	Taylor Hoffman	SO	St. John Fisher	5:51.95
38	Jessica Montemorano	FR	Roberts Wesleyan	5:57.67
39	Bailliee Burton	FR	St. John Fisher	6:13.97
40	Olivia Snell	SR	Le Moyne	6:22.58
---	Chloe Kirgan	FR	Geneseo	DNF

Women 5000 Meter Run				
	Name	Yr	School	Finals
Finals				
1	Lainie Smith	SO	D'Youville	18:33.47
2	Camryn Bailey	JR	Daemen	18:44.34
3	Patsy Oberholzer	SO	Daemen	18:52.40
4	Jenna Gregory	SO	St. Bonaventure	18:58.65
5	Sabrina Terando	SR	Rochester	19:08.14
6	Hannah Thomas	SR	Daemen	19:09.74
7	Sara Mongelli	FR	Geneseo	19:17.51
8	Emma Cain	JR	Daemen	19:18.25
9	Kennedy Doran	FR	Nazareth	19:25.52
10	Laura Witt	SR	St. John Fisher	19:35.83
11	Ella Blau	FR	Rochester	19:40.45
12	Sophie Bagley	FR	Geneseo	19:42.85
13	Riley Joseph	SO	Rochester	19:49.99
14	Natalia Biehl-Narvaez	SO	Geneseo	19:56.12
15	Claire Cuneo	SO	St. Bonaventure	19:59.93
16	Gabby Randazzo	FR	St. Bonaventure	20:04.91
17	Jocelyn Countryman	SR	Brockport	20:05.77
18	Jayne Gavin	FR	St. Bonaventure	20:18.28
19	Sophia Maum	FR	Brockport	20:21.28
20	Margaret Nawojski	SO	St. John Fisher	20:41.35
21	Leah Siegmann	SO	Brockport	20:45.80

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Finals ... (Women 5000 Meter Run)

Name	Yr	School	Finals
22 Abigail Polus	FR	Brockport	20:56.44
23 Jillian Humphrey	SO	Brockport	21:03.57
24 Hayley Pizur	SO	Daemen	21:38.04
25 Megan O'Malley	FR	St. John Fisher	22:53.85
--- Nya Martinelli	SO	Brockport	DNF

Women 10000 Meter Run

Name	Yr	School	Finals
Finals			
1 Riley Jameson	JR	St. John Fisher	38:53.39
2 Meredith Crockett	JR	Rochester	40:03.96
3 Annika Hurley	SO	Geneseo	40:05.62
4 Andie Burton	JR	Rochester	40:16.63
5 Lily Schulz	FR	D'Youville	40:22.25
6 Alyssa Horng	SO	Rochester	40:22.57
7 Lauren Almy	SR	St. John Fisher	41:34.44
8 Abigail Perry	SR	St. John Fisher	42:15.11

Women 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Allyson Surowick	JR	Geneseo	15.48 1.3
2 Rebecca Schultz	SO	Daemen	15.89 1.3
3 Abrianna Kruger	SR	Geneseo	16.50 1.3
4 Alexis Rodriguez	SO	Daemen	17.06 1.3
5 Lanna Wandy	JR	Geneseo	17.37 1.3
6 Gianna Boland	FR	Geneseo	17.97 1.3
7 Mallory Rice	FR	Nazareth	18.05 1.3
8 Maya Hatch	SO	Rochester	18.26 1.3
9 Zoe Noble	SO	Rochester	18.38 +0.0
10 Emily Brame	FR	RIT	18.66 +0.0
11 Kaitlyn Burt	FR	Nazareth	19.14 +0.0
12 Abbie Herman	FR	Daemen	19.30 +0.0
13 Charis Evans	FR	Alfred State	19.30 +0.0
14 Abby Seamans	JR	Rochester	19.63 +0.0
15 Adraina Gill	SO	Alfred State	20.49 +0.0

Women 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Natalia Sawyer	SO	Buffalo State	1:00.11
2 Alexis Rodriguez	SO	Daemen	1:06.68
3 Justine Draper	JR	RIT	1:09.63
4 Nicole Gretzinger	SO	Geneseo	1:11.52
5 Sophia Leach	FR	St. John Fisher	1:11.53
6 Lanna Wandy	JR	Geneseo	1:11.60
7 Amelia Burger	FR	RIT	1:13.61
8 Stephanie James	FR	Le Moyne	1:14.49
9 Riley Fronce	SO	St. Bonaventure	1:17.73
10 Abbie Herman	FR	Daemen	1:20.66
11 Charis Evans	FR	Alfred State	1:21.93
12 Adraina Gill	SO	Alfred State	1:22.14
13 Amanda Lowenguth	FR	Le Moyne	1:24.18

Women 3000 Meter Steeplechase

Name	Yr	School	Finals
Finals			
1 Mia Winters	SO	St. Bonaventure	11:42.80
2 Courtney Merrill	SR	Daemen	12:10.09
3 Molly Gipson	SO	St. Bonaventure	12:21.20
4 Chloe Fisher	FR	St. Bonaventure	12:37.95
5 Rachael Ladd	FR	RIT	12:44.11
6 Alexis Nguyen	SO	Daemen	13:42.81
7 Samantha Hulme	FR	St. Bonaventure	14:08.23
8 Morgan Cheney	SO	Finger Lakes	14:34.74

Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Daemen		52.17
1) Alexis Rodriguez SO	2) Grace Gominiak SO	
3) Abbie Herman FR	4) Rebecca Schultz SO	
2 Alfred State		52.28
1) Sarah Rivet SR	2) Lily Schnell SR	
3) Laura Walter JR	4) Madison Snayczuk SO	
--- Nazareth		DQ
1) Alexis Lasher SO	2) Alaina Morley SO	
3) Jasmine Kendrick FR	4) Sydney LaSalle SO	

Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Nazareth		4:21.04
1) Jordan Wagner FR	2) Kennedy Rose FR	
3) Emma Wendt FR	4) Paige Ackley SR	
2 St. Bonaventure		4:23.52
1) Faith Caldwell SO	2) Adria Magnusson SO	
3) Katelyn Wilkes FR	4) Meghan Lex FR	
3 Alfred State		4:26.01
1) Isabelle Popoff SR	2) Olivia Plummer FR	
3) Hailey Kumpf FR	4) Lily Schnell SR	
4 Daemen		4:26.61
1) Alexis Rodriguez SO	2) Grace Gominiak SO	
3) Abbie Herman FR	4) Christa Oates FR	
5 Brockport		4:31.31
1) Lydia Cox SR	2) Esther Nankumba SO	
3) Gwen Sullivan SO	4) Michelle Lorenc FR	
6 St. Bonaventure	B	x4:36.19
1) Riley Fronce SO	2) Sarah Carroll SO	
3) Samantha Hulme FR	4) Elise Brooks FR	
7 Le Moyne		4:45.68
1) Alexandra Jacob JR	2) Delaney Manahan JR	
3) Stephanie James FR	4) Mackenzie Ples FR	

Women High Jump

Name	Yr	School	Finals
Finals			
1 Michaela Levesque	SR	Brockport	1.53m
2 Trinity Ortiz	SO	Finger Lakes	1.48m

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Finals ... (Women High Jump)				
	Name	Yr	School	Finals
2	Claudia Vogel	SR	St. John Fisher	1.48m
4	Kelly Lucas	SO	D'Youville	1.48m
5	Anna Verdine	FR	Le Moyne	1.43m
6	Mary Claire Rollins	FR	St. John Fisher	1.43m
7	Angelina Vargas	FR	Geneseo	1.43m
8	Gigi Ferro	FR	Geneseo	1.38m
8	Katie Pavelchak	SO	Brockport	1.38m
10	Nora Dreslin	SO	Rochester	1.38m
11	Justice Crane	FR	Brockport	1.38m
12	Abrianna Kruger	SR	Geneseo	1.33m
13	Lily Hubert	FR	Rochester	1.33m
---	Abigail Seaman	SO	Le Moyne	NH
---	Sasha Schramm	SO	Brockport	NH
---	Madison Macneill	FR	D'Youville	NH
---	Angela Carlson	JR	St. John Fisher	DNS
---	Madelyn Pratt	FR	St. John Fisher	DNS

Women Pole Vault				
	Name	Yr	School	Finals
Finals				
1	Melia Couchman	FR	Roberts Wesleyan	3.76m
2	Catherine Fox	SR	RIT	3.61m
3	Rosie Morse	SO	Nazareth	3.46m
4	Kiara Tornusciolo	SO	Nazareth	3.46m
5	Isabel Swyers	FR	Brockport	3.31m
6	Tess Eichner	JR	Brockport	3.31m
7	Isabel Morse	SO	Nazareth	3.16m
8	Emily Frech	SO	St. John Fisher	3.16m
9	Nicole Gretzinger	SO	Geneseo	2.86m
9	Mya Henry	JR	Brockport	2.86m
11	Cora Seaburg	FR	Roberts Wesleyan	2.71m
11	Laura Walter	JR	Alfred State	2.71m
11	Caitlyn Smithers	FR	Nazareth	2.71m
11	Sofie Fischler	SR	Nazareth	2.71m
---	Samantha Schlectman	SO	RIT	NH
---	Grace Holmes	FR	Finger Lakes	NH
---	Oli Kraynik	FR	Alfred State	NH
---	Taylor Heineman	SR	Roberts Wesleyan	NH
---	Brynn King	JR	Roberts Wesleyan	DNS
---	Becca Bready	SO	Brockport	DNS

Women Long Jump				
	Name	Yr	School	Finals
Finals				
1	Mia Montgomery	SR	Brockport	5.46m -2.6
2	Jenna Capolupo	FR	D'Youville	5.39m -1.1
3	Veronica Duell	JR	St. John Fisher	5.38m -1.8
4	Trinity Ortiz	SO	Finger Lakes	5.28m -4.3
5	Allyson Surowick	JR	Geneseo	4.98m -0.7
6	Emily Lopez	FR	Geneseo	4.94m -1.3
7	Sasha Schramm	SO	Brockport	4.90m -3.0
8	Abigail Seaman	SO	Le Moyne	4.86m -0.3
9	Olivia Smock	JR	Geneseo	4.82m -0.3
10	Sarah Jacques	SO	St. John Fisher	4.80m -0.5

11	Sarah Merriwether	SR	Nazareth	4.78m -1.8
12	Ashleigh Barrett	SO	Rochester	4.77m -2.8
13	Jordan Wagner	FR	Nazareth	4.72m -1.2
14	Rebecca Schultz	SO	Daemen	4.62m -2.3
15	Anna Verdine	FR	Le Moyne	4.61m -0.6
16	Quinn Taylor	SR	Rochester	4.61m -0.8
17	Alanah Byrant	JR	Brockport	4.50m -1.0
18	D'Naesha Quicksey	FR	Daemen	4.48m -2.4
19	Jasmine Kendrick	FR	Nazareth	4.45m -1.3
20	Chyra Patterson	SR	Brockport	4.36m -0.7
21	Angela Carlson	JR	St. John Fisher	4.32m +0.0
22	Morgan Hall	FR	Daemen	3.81m -0.8
23	Grace Holmes	FR	Finger Lakes	3.75m -0.6
---	Gianna Boland	FR	Geneseo	FOUL
---	Madison Snayczuk	SO	Alfred State	DNS NWI
---	Michaela Kurbs	SR	St. John Fisher	DNS NWI
---	Alyssa Amirato	JR	Daemen	DNS NWI
---	Bayleigh Woodard	JR	Brockport	DNS NWI

Women Triple Jump				
	Name	Yr	School	Finals
Finals				
1	Isabella Heath	SR	Nazareth	10.96m 1.5
2	Sasha Schramm	SO	Brockport	10.92m 1.8
3	Madison Snayczuk	SO	Alfred State	10.78m 1.7
4	Abigail Seaman	SO	Le Moyne	10.60m 0.5
5	Sydney LaSalle	SO	Nazareth	10.42m +0.0
6	Rebecca Schultz	SO	Daemen	10.40m 2.2
7	Mallory Rice	FR	Nazareth	10.29m 2.5
8	Ashleigh Barrett	SO	Rochester	10.25m 2.2
9	Olivia Smock	JR	Geneseo	9.71m +0.0
10	Anna Verdine	FR	Le Moyne	9.28m +0.0
11	Morgan Hall	FR	Daemen	9.20m +0.0
---	Quinn Taylor	SR	Rochester	FOUL
---	Peytyn Geer	FR	Nazareth	DNS NWI
---	Alanah Byrant	JR	Brockport	DNS NWI
---	Alyssa Amirato	JR	Daemen	DNS NWI
---	Trinity Johnson	FR	Rochester	DNS NWI
---	D'Naesha Quicksey	FR	Daemen	DNS NWI

Women Shot Put				
	Name	Yr	School	Finals
Finals				
1	Makenna King	SR	St. John Fisher	12.85m
2	Sarah Crockett	SR	Brockport	12.80m
3	Erin McGuinness	SO	St. John Fisher	11.68m
4	Cora Rose	JR	Rochester	11.48m
5	Liz Spencer	SR	Brockport	11.34m
6	Rebecca Heuler	SR	Brockport	11.32m
7	Deziree Garrick	JR	Rochester	11.30m
8	Paige Pavelski	JR	Buffalo State	10.85m
9	Madison Vargas	FR	Rochester	10.85m
10	Trinity Dees	SO	Brockport	10.78m
11	Amelia Geck	FR	RIT	10.56m
12	Morgan Collazo	JR	St. John Fisher	10.30m
13	Autumn Bernava	FR	RIT	10.18m

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Finals ... (Women Shot Put)

Name	Yr	School	Finals
14 Emily Rolince	FR	Nazareth	10.08m
15 Lea Richard	SR	Nazareth	10.05m
16 Bailey Ellis	FR	St. John Fisher	10.00m
17 Julia Petry	FR	Daemen	9.75m
18 Katrina Chandler	SO	Brockport	9.75m
19 Sarah Armenia	SR	Brockport	9.67m
20 Jessica Kowalski	SO	Roberts Wesleyan	9.25m
21 Madison Kirkpatrick	FR	Brockport	8.96m
22 Elizabeth Bentley	JR	Daemen	8.70m
23 Kiara Tornusciolo	SO	Nazareth	8.69m
24 Liz Kingston	SO	Brockport	8.63m
25 Grace Moyer	JR	Nazareth	8.21m
26 Caitlin Keating	SO	St. John Fisher	8.17m
27 Jileena Stearns	FR	Alfred State	8.12m
--- Sarah Parr	SR	Brockport	FOUL
--- Kristen Oliver	FR	Daemen	DNS
--- Moriah Mills	JR	Roberts Wesleyan	DNS
--- Hannah Recine	JR	Geneseo	DNS
--- Mileena Ossman	FR	Nazareth	DNS

Women Discus Throw

Name	Yr	School	Finals
Finals			
1 Makenna King	SR	St. John Fisher	41.82m
2 Madison Kozyra	JR	Le Moyne	39.61m
3 Cora Rose	JR	Rochester	38.49m
4 Rebecca Heuler	SR	Brockport	38.31m
5 Madison Vargas	FR	Rochester	36.32m
6 Sarah Crockett	SR	Brockport	36.24m
7 Sarah Parr	SR	Brockport	35.90m
8 Erin McGuinness	SO	St. John Fisher	33.91m
9 Katrina Chandler	SO	Brockport	33.44m
10 Lea Richard	SR	Nazareth	32.24m
11 Aimee Oszer	FR	Rochester	31.87m
12 Trinity Dees	SO	Brockport	30.62m
13 Liz Spencer	SR	Brockport	29.45m
14 Emily Rolince	FR	Nazareth	28.92m
15 Cassidy Romano	FR	Rochester	28.10m
16 Paige Pavelski	JR	Buffalo State	27.90m
17 Victoria Bermeo	FR	Rochester	27.76m
18 Liv Ilasz	SO	Rochester	27.36m
19 Morgan Collazo	JR	St. John Fisher	26.72m
20 Paige Watkins	JR	Roberts Wesleyan	25.42m
21 Grace Moyer	JR	Nazareth	25.12m
22 Justice Crane	FR	Brockport	25.02m
23 D'Naesha Quicksey	FR	Daemen	24.74m
24 Liz Kingston	SO	Brockport	23.98m
25 Phallon Rivera	FR	Finger Lakes	22.85m
26 Amelia Geck	FR	RIT	22.78m
27 Sam Ellrich	JR	Rochester	22.62m
28 Madison Kirkpatrick	FR	Brockport	20.66m
29 Kaylin Hennessy	SO	D'Youville	17.76m
--- Jessica Kowalski	SO	Roberts Wesleyan	FOUL

Women Hammer Throw

Name	Yr	School	Finals
Finals			
1 Lea Richard	SR	Nazareth	47.78m
2 Sarah Crockett	SR	Brockport	47.14m
3 Sarah Parr	SR	Brockport	46.76m
4 Deziree Garrick	JR	Rochester	44.81m
5 Katrina Chandler	SO	Brockport	43.43m
6 Kristen Oliver	FR	Daemen	43.39m
7 Rebecca Heuler	SR	Brockport	43.12m
8 Liv Ilasz	SO	Rochester	41.01m
9 Autumn Bernava	FR	RIT	40.64m
10 Trinity Dees	SO	Brockport	39.69m
11 Grace Moyer	JR	Nazareth	38.31m
12 Tima Abdellatif	SR	Daemen	38.20m
13 Jazelle McIntyre	SO	St. John Fisher	35.61m
14 Madison Kozyra	JR	Le Moyne	35.06m
15 Liz Spencer	SR	Brockport	34.91m
16 Sarah Armenia	SR	Brockport	34.01m
17 Aimee Oszer	FR	Rochester	33.92m
18 Emily Rolince	FR	Nazareth	33.86m
19 Madison Vargas	FR	Rochester	31.50m
20 Bailey Ellis	FR	St. John Fisher	31.29m
21 Grace Covey	FR	Daemen	30.72m
22 Victoria Bermeo	FR	Rochester	30.21m
23 Madison Kirkpatrick	FR	Brockport	29.45m
24 Julia Petry	FR	Daemen	27.25m
24 Ally Flint	JR	Roberts Wesleyan	27.25m
26 Kaylin Hennessy	SO	D'Youville	25.10m
27 Kelly Lucas	SO	D'Youville	23.41m
28 Jileena Stearns	FR	Alfred State	23.14m
29 Cassidy Romano	FR	Rochester	22.38m
30 Chelsea Dennison	SO	Le Moyne	21.37m
--- Cora Rose	JR	Rochester	FOUL
--- Elizabeth Bentley	JR	Daemen	FOUL

Women Javelin Throw

Name	Yr	School	Finals
Finals			
1 Rebecca Heuler	SR	Brockport	44.39m
2 Aimee Oszer	FR	Rochester	33.58m
3 Emily Beattie	SR	Brockport	31.77m
4 Mia Gerber	FR	RIT	30.77m
5 Claudia Vogel	SR	St. John Fisher	29.37m
6 Kelly Lucas	SO	D'Youville	28.09m
7 Abbey Conquest	JR	Nazareth	27.47m
8 Ashley Dobransky	JR	Le Moyne	26.82m
9 Autumn Bernava	FR	RIT	26.77m
10 Cassidy Romano	FR	Rochester	26.50m
11 Annie Smith	FR	RIT	26.45m
12 Victoria Bermeo	FR	Rochester	25.92m
13 Liz Spencer	SR	Brockport	25.33m
14 Sarah Armenia	SR	Brockport	25.16m
15 Paige Lundgren	JR	St. John Fisher	24.66m
16 Abrianna Kruger	SR	Geneseo	24.03m

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Finals ... (Women Javelin Throw)

Name	Yr	School	Finals
17	Barbara Kunz	FR D'Youville	23.97m
18	Elizabeth Bentley	JR Daemen	23.66m
19	Hannah Recine	JR Geneseo	23.23m
20	Lanna Wandy	JR Geneseo	22.40m
21	Sarah Merriwether	SR Nazareth	21.90m
22	Cristina Rubio	FR Roberts Wesleyan	20.85m
23	Sam Ellrich	JR Rochester	18.49m
24	Kaylin Hennessy	SO D'Youville	12.19m
---	Cora Rose	JR Rochester	FOUL
---	Jael Ernest Fleurant	SR Rochester	FOUL
---	Kayla Sterner	JR Buffalo State	FOUL
---	Grace Galgano	FR Roberts Wesleyan	DNS

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1	Ashley Heffernan	SR Rochester	24.96 890
2	Skylar Savage	FR D'Youville	27.27 690
3	Lauren Bendall	SR Nazareth	27.59 664
4	Samantha Luba	SO Nazareth	28.03 628
5	Julia Largett	SO Rochester	28.29 608
6	Hannah Ragule	SR Nazareth	28.53 590
7	Lydia Smith	SR D'Youville	29.03 552
8	Madelynn Jones	FR Nazareth	29.35 528
9	Meya McKown	FR D'Youville	29.75 500
10	Zoe Gordon	FR Roberts Wesleyan	30.37 457
11	Juliette Ventura	SO Finger Lakes	30.51 447
12	Madison Baker	SR Brockport	30.75 431
13	Morgan Sproull	JR Roberts Wesleyan	31.05 411

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1	Ashley Heffernan	SR Rochester	14.55 902
2	Skylar Savage	FR D'Youville	16.22 688
3	Samantha Luba	SO Nazareth	16.23 686
4	Julia Largett	SO Rochester	16.92 606
5	Hannah Ragule	SR Nazareth	17.34 559
6	Meya McKown	FR D'Youville	17.87 502
7	Madison Baker	SR Brockport	17.89 500
8	Lydia Smith	SR D'Youville	18.39 449
9	Madelynn Jones	FR Nazareth	18.64 424
10	Zoe Gordon	FR Roberts Wesleyan	19.17 375
11	Morgan Sproull	JR Roberts Wesleyan	19.57 339
12	Juliette Ventura	SO Finger Lakes	19.69 328
13	Lauren Bendall	SR Nazareth	19.72 326

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1	Ashley Heffernan	SR Rochester	1.54m 666
2	Lydia Smith	SR D'Youville	1.51m 632
3	Samantha Luba	SO Nazareth	1.45m 566
4	Zoe Gordon	FR Roberts Wesleyan	1.42m 534

5	Juliette Ventura	SO Finger Lakes	1.39m 502
6	Hannah Ragule	SR Nazareth	1.36m 470
6	Lauren Bendall	SR Nazareth	1.36m 470
6	Madelynn Jones	FR Nazareth	1.36m 470
9	Skylar Savage	FR D'Youville	1.33m 439
10	Julia Largett	SO Rochester	1.30m 409
11	Morgan Sproull	JR Roberts Wesleyan	1.27m 379
11	Madison Baker	SR Brockport	1.27m 379
13	Meya McKown	FR D'Youville	1.18m 293

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1	Ashley Heffernan	SR Rochester	9.17m 475
2	Hannah Ragule	SR Nazareth	9.11m 471
3	Morgan Sproull	JR Roberts Wesleyan	9.06m 468
4	Lauren Bendall	SR Nazareth	8.31m 419
5	Juliette Ventura	SO Finger Lakes	8.18m 411
6	Julia Largett	SO Rochester	8.08m 405
7	Madison Baker	SR Brockport	7.72m 381
8	Meya McKown	FR D'Youville	7.64m 376
9	Samantha Luba	SO Nazareth	7.59m 373
10	Lydia Smith	SR D'Youville	7.53m 369
11	Madelynn Jones	FR Nazareth	7.50m 367
12	Skylar Savage	FR D'Youville	7.41m 361
13	Zoe Gordon	FR Roberts Wesleyan	6.46m 301

Women Heptathlon

Name	Yr	School	Finals
Finals			
1	Ashley Heffernan	SR Rochester	2933
2	Samantha Luba	SO Nazareth	2253
3	Skylar Savage	FR D'Youville	2178
4	Hannah Ragule	SR Nazareth	2090
5	Julia Largett	SO Rochester	2028
6	Lydia Smith	SR D'Youville	2002
7	Lauren Bendall	SR Nazareth	1879
8	Madelynn Jones	FR Nazareth	1789
9	Madison Baker	SR Brockport	1691
10	Juliette Ventura	SO Finger Lakes	1688
11	Meya McKown	FR D'Youville	1671
12	Zoe Gordon	FR Roberts Wesleyan	1667
13	Morgan Sproull	JR Roberts Wesleyan	1597

Men 100 Meter Dash

Name	Yr	School	Finals
Finals			
1	Tyler McGrath	SO Buffalo State	10.98 +0.0
2	Logan Abate	FR Buffalo State	11.16 +0.0
3	Jonathan Jacobs	JR RIT	11.16 +0.0
4	Seth Connery	FR Daemen	11.18 +0.0
5	John Jaworski	JR Daemen	11.25 +0.0
6	Christopher Moser	FR Le Moyne	11.42 0.1
7	Mike Welch	SR Nazareth	11.48 0.1
7	Brock Young	SO St. John Fisher	11.48 +0.0
9	Jaylen Savage	SO Nazareth	11.50 +0.0

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Finals ... (Men 100 Meter Dash)				
Name	Yr	School	Finals	
10	Ethan Fox	SO St. John Fisher	11.55	+0.0
11	Brady Bishop	JR St. John Fisher	11.56	+0.0
12	Nicholas Florczak	SO Alfred State	11.57	0.1
13	Evan Frost	JR Geneseo	11.65	+0.0
14	Marcus Lewis	SO Geneseo	11.66	0.1
15	Joseph Nettles	JR Nazareth	11.67	1.0
16	Tucker Haluszczak	FR RIT	11.67	+0.0
17	Maxwell Zielonka	FR Rochester	11.71	1.0
17	Connor McCauslin	SR Nazareth	11.71	0.1
19	Mekhi Christensen	FR Alfred State	11.72	+0.0
20	Nathan Roehrig	JR Brockport	11.72	0.1
21	Enrico Ganz	SO Rochester	11.74	1.0
22	Adam Kamagate	SO Daemen	11.74	+0.0
23	Matthew Then	SR Brockport	11.76	1.0
24	Nicholas Lusardi	FR RIT	11.76	0.1
25	Kyle Kelsey	FR Rochester	11.80	+0.0
26	Arturo Contreras Jr.	FR Rochester	11.86	0.1
27	Mekhi Dozier	FR Brockport	11.86	-1.0
28	Terreque Davis	FR Finger Lakes	11.91	-1.0
29	Hunter Zangerle	SO Brockport	12.03	-1.0
30	Diego De Los Santos	FR Rochester	12.08	1.0
31	Jonathan McNamara	JR Geneseo	12.10	1.0
32	Ethan Coxford	SR St. John Fisher	12.11	1.0
33	Xavier Rao	FR RIT	12.18	-1.0
34	Noah Engel	JR Nazareth	12.22	+0.0
35	Carlton Garnes	FR Nazareth	12.22	+0.0
36	Cyril Anderson	SO Le Moyne	12.27	+0.0
37	Ryan Delaine	JR St. John Fisher	12.44	-1.0
38	Timothy Shin	FR RIT	12.53	-0.9
39	Jason Marchincin	SO Nazareth	12.54	-0.9
40	Kyahn Henry	FR Brockport	12.80	-0.9
41	Felix Pena	JR Le Moyne	12.90	-0.9
42	Regis Agbata	FR RIT	12.94	-0.9
43	Eric Marchese	JR Le Moyne	13.12	-0.9
44	Gavin Henderson	JR St. John Fisher	13.16	-1.0
45	Jayden Brown	FR Alfred State	13.28	-0.9
---	Kai Messmer	FR Buffalo State	FS	+0.0

Men 200 Meter Dash				
Name	Yr	School	Finals	
Finals				
1	Tyler McGrath	SO Buffalo State	22.13	+0.0
2	John Jaworski	JR Daemen	22.59	+0.0
3	Christopher Moser	FR Le Moyne	22.73	+0.0
4	Logan Abate	FR Buffalo State	22.75	0.5
5	Jonathan Jacobs	JR RIT	22.90	2.4
6	Seth Connery	FR Daemen	22.99	+0.0
7	Evan Frost	JR Geneseo	23.13	3.6
8	Jordan Johnson	SO Le Moyne	23.15	0.5
9	Connor Scott	SO Le Moyne	23.17	2.4
9	Dylan Devine	JR Buffalo State	23.17	0.5
11	Tucker Haluszczak	FR RIT	23.27	0.5
12	Brock Young	SO St. John Fisher	23.30	0.5
13	Brady Bishop	JR St. John Fisher	23.31	+0.0

14	Mike Welch	SR Nazareth	23.37	3.6
15	Hammad Malik	FR Brockport	23.37	2.4
16	Riley Dillon	FR St. Bonaventure	23.48	2.4
17	Nicholas Lusardi	FR RIT	23.52	3.6
18	Marcus Lewis	SO Geneseo	23.56	0.5
19	Ethan Fox	SO St. John Fisher	23.65	3.6
20	Benjamin Pochobradsky	SO RIT	23.67	3.6
21	Rob Hartigan	SR St. John Fisher	23.69	2.4
22	Trenton Wynn	SR St. John Fisher	23.70	+0.0
23	Seth Conner	FR Buffalo State	23.72	0.5
24	Arturo Contreras Jr.	FR Rochester	23.74	2.4
25	Nathan Roehrig	JR Brockport	23.79	2.4
26	Andrew Koubek	SO RIT	23.81	3.6
27	Christian Figueroa	SO St. Bonaventure	23.90	2.2
28	Mekhi Dozier	FR Brockport	24.17	2.2
29	Pedro Moscoso	JR Roberts Wesleyan	24.38	0.8
30	Noah Engel	JR Nazareth	24.44	2.2
31	Diego De Los Santos	FR Rochester	24.69	2.2
32	Matthew Frisa	JR Le Moyne	24.80	2.4
33	Jordan Cancel	JR Brockport	24.95	0.8
34	Ryan Delaine	JR St. John Fisher	25.19	0.8
35	Trent Gobble	FR RIT	25.27	0.8
36	Jordan Schlagenhaut	SO Roberts Wesleyan	25.90	+0.0
37	Hassan Muktar	FR D'Youville	26.10	+0.0
38	Jayden Brown	FR Alfred State	26.12	+0.0
39	kyle Torrey	FR Roberts Wesleyan	26.19	1.1
40	Kyahn Henry	FR Brockport	26.54	+0.0
41	Eric Marchese	JR Le Moyne	27.48	1.1
---	Kyle Kelsey	FR Rochester	DNF	0.5

Men 400 Meter Dash				
Name	Yr	School	Finals	
Finals				
1	Daniel Blae-Prince	FR Geneseo	50.70	
2	Brandon Scott	JR Le Moyne	50.94	
3	Riley Dillon	FR St. Bonaventure	50.94	
4	Ben Lewis	JR Nazareth	51.23	
5	Christian Figueroa	SO St. Bonaventure	51.34	
6	Benjamin Pochobradsky	SO RIT	51.42	
7	Maxwell Ming	SO Buffalo State	51.90	
8	Aidan Hurley	FR St. Bonaventure	52.13	
9	Jack Healy	FR Nazareth	52.18	
10	Gavin McAllister	SO Nazareth	52.34	
11	Dylan Devine	JR Buffalo State	52.66	
12	Aaron Langston	SO Geneseo	52.70	
13	Jordan Johnson	SO Le Moyne	53.16	
14	Phillip Ceccarelli	JR Daemen	53.77	
15	Jacob Schmid	JR Geneseo	53.78	
16	Andrew Koubek	SO RIT	53.89	
17	Sean Graves	FR RIT	54.18	
18	Connor Schreiber	FR Alfred State	54.27	
19	Brian Clark	JR Alfred State	54.28	
20	Phil Rosengarten	FR Geneseo	54.79	
21	Jordan Cancel	JR Brockport	55.02	
22	Owen Dernbach	FR Daemen	55.16	
23	Evan Breitbeck	JR Le Moyne	56.54	

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Men 800 Meter Run					Men 1500 Meter Run				
Name	Yr	School	Finals		Name	Yr	School	Finals	
Finals					Finals				
1	Sidney Morris	FR	Buffalo State	1:59.33	1	Aiden Scattergood	SO	St. Bonaventure	4:01.78
2	Joshua Lopez	FR	St. Bonaventure	1:59.41	2	Ethan Kenyon	JR	Nazareth	4:04.91
3	Brett Doxsee	SO	Geneseo	1:59.92	3	Zane Courtwright	SR	St. Bonaventure	4:05.35
4	Kieran Ryan	SR	St. Bonaventure	2:01.50	4	Skye Crocker	JR	Rochester	4:06.53
5	Christian Voloshen	SR	Rochester	2:01.88	5	Michael Purvis	FR	Le Moyne	4:08.13
6	CJ Johnson	FR	Daemen	2:02.15	6	Tyler Cooper	FR	Le Moyne	4:08.44
7	Matthew Frisa	JR	Le Moyne	2:02.16	7	Brian Kenny	SO	Geneseo	4:08.89
8	Cole Hastings	FR	Nazareth	2:02.37	8	Aiden Holt	SO	St. Bonaventure	4:09.61
9	Ethan Kenyon	JR	Nazareth	2:02.63	9	Jace Stuart	FR	St. John Fisher	4:10.09
10	Jace Stuart	FR	St. John Fisher	2:02.83	10	Jack Hicks	SO	Geneseo	4:10.49
11	Cody Harloff	FR	Brockport	2:03.08	11	Kenny Williams	SR	Nazareth	4:10.62
12	Samuel Adamson	FR	RIT	2:03.62	12	Jonathan Moote	JR	Daemen	4:10.67
13	Ryan Umiker	FR	St. Bonaventure	2:03.83	13	Sam Viglione	FR	Geneseo	4:10.87
14	Colin Hascup	JR	Rochester	2:04.15	14	Kieran Ryan	SR	St. Bonaventure	4:10.91
15	Matt Strasser	FR	Daemen	2:05.15	15	Michael McGowan	JR	Brockport	4:10.98
16	Brecken Riley	FR	St. Bonaventure	2:05.35	16	Nate Kulp	JR	St. John Fisher	4:11.44
17	Cristian Zabala	JR	Brockport	2:05.59	17	Lucas Catarella	FR	St. Bonaventure	4:12.15
18	Andrew Scheible	FR	Rochester	2:05.69	18	Connor Demo	FR	Brockport	4:13.12
19	Antonio Benitez	SO	Nazareth	2:05.86	19	Drew Cox	SO	Geneseo	4:13.42
20	Connor O'Brien	JR	Daemen	2:05.97	20	Casey Malloy	SO	St. Bonaventure	4:13.81
21	Connor Demo	FR	Brockport	2:06.09	21	Michael Paoletti	FR	RIT	4:14.35
22	Aidan Hurley	FR	St. Bonaventure	2:06.16	22	Riley Nash	JR	St. John Fisher	4:14.51
23	Brennan Farr	FR	Nazareth	2:06.36	23	Sam Yacob	FR	Rochester	4:14.67
24	Howie Vargas	FR	Brockport	2:07.10	24	Brecken Riley	FR	St. Bonaventure	4:16.12
25	Payton Hirsch	SO	Le Moyne	2:07.68	25	Dawson Wadsworth	FR	Geneseo	4:17.31
26	Michael Purvis	FR	Le Moyne	2:08.12	26	Antonio Benitez	SO	Nazareth	4:17.68
27	Nathan Canale	FR	St. John Fisher	2:08.33	27	Ethan Glashauser	SR	Nazareth	4:18.87
27	Lukas Walters	JR	Brockport	2:08.33	28	Nathan Canale	FR	St. John Fisher	4:20.35
29	Matthew Quinn	JR	Brockport	2:08.68	29	Drew Carlson	JR	St. Bonaventure	4:20.55
30	Daniel Hernandez	FR	Roberts Wesleyan	2:08.98	30	Matthew Quinn	JR	Brockport	4:21.29
31	Evan Davis	JR	Roberts Wesleyan	2:09.04	31	Lukas Walters	JR	Brockport	4:21.99
32	Phillip Ceccarelli	JR	Daemen	2:09.13	32	Josh Trometer	SO	Daemen	4:22.29
33	Lucas Catarella	FR	St. Bonaventure	2:09.58	33	Joe Cataldo	SO	Nazareth	4:23.19
34	Riley Nash	JR	St. John Fisher	2:09.71	34	Brad Tobin	FR	Daemen	4:23.92
35	Tyler Cooper	FR	Le Moyne	2:10.12	35	Russell Mulley	FR	Roberts Wesleyan	4:24.26
36	Nolan Manahan	FR	Nazareth	2:10.96	36	Wil Bainbridge	SO	Brockport	4:25.90
37	Evan Breitbeck	JR	Le Moyne	2:11.07	37	Andrew Cherkasky	FR	RIT	4:27.16
38	Nate Kulp	JR	St. John Fisher	2:11.57	38	Jacob Makhlof	FR	Le Moyne	4:29.46
39	Casey Malloy	SO	St. Bonaventure	2:12.34	39	William Austin	FR	St. John Fisher	4:43.47
40	Jackson Burger	FR	RIT	2:12.72	40	Xavier Hernandez	SO	Roberts Wesleyan	4:43.78
41	Jamie Schappi	JR	St. John Fisher	2:13.50	41	Kyle Havens	FR	Roberts Wesleyan	4:44.14
42	John Stopera	FR	Daemen	2:13.79	42	Ethan Morales	SO	St. John Fisher	4:50.10
43	Laertes Cushing	JR	Daemen	2:14.43	43	Carter Riley	FR	Alfred State	4:59.10
44	Jacob Makhlof	FR	Le Moyne	2:14.90	44	Aiden Bonomo	JR	Alfred State	5:49.83
45	Joseph Pecoraro	SO	Le Moyne	2:14.95	---	Daniel Morgan	SO	Brockport	DNF
46	Hassan Muktar	FR	D'Youville	2:15.70					
47	Russell Mulley	FR	Roberts Wesleyan	2:15.90					
48	Kyle Havens	FR	Roberts Wesleyan	2:19.68					
49	Xavier Hernandez	SO	Roberts Wesleyan	2:22.50					
50	William Austin	FR	St. John Fisher	2:27.25					
51	Ethan Morales	SO	St. John Fisher	2:29.58					
---	Cassidy Gilmore	SO	Brockport	DNF					

Men 5000 Meter Run				
Name	Yr	School	Finals	
Finals				
1	Jonathan Moote	JR	Daemen	15:30.34
2	JJ Montemaro	SO	Brockport	15:38.94

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Finals ... (Men 5000 Meter Run)				
	Name	Yr	School	Finals
3	Matthew Bartolotta	JR	Le Moyne	15:44.39
4	Daniel Casey	SO	Brockport	15:48.59
5	Richard Santarosa	JR	Rochester	16:00.23
6	Dylan Friel	FR	Geneseo	16:02.44
7	Ethan Keating	FR	Daemen	16:08.63
8	Colin McCarthy	JR	St. Bonaventure	16:17.84
9	CJ Johnson	FR	Daemen	16:19.30
10	Kole Owens	FR	Geneseo	16:24.97
11	Chris Cammisa	JR	Brockport	16:25.15
12	Steven Blatto	JR	Daemen	16:26.47
13	Jeremy Plumley	JR	Le Moyne	16:28.05
14	Matt Strasser	FR	Daemen	16:31.60
15	Jon Sullo	FR	Rochester	16:47.29
16	Jake Roman	SO	Le Moyne	17:01.37
17	Connor Jackson	SO	Nazareth	17:06.56
18	Jacob Cottet	JR	Le Moyne	17:09.15
19	Jordan Washburn	SO	Brockport	17:31.83
20	Braden Flinchbaugh	SO	Brockport	17:39.62
21	Conor Quinn	JR	St. Bonaventure	17:47.31
22	Christian Spreizer	JR	Alfred State	19:25.32
---	Zach Spergel	SR	Rochester	DNF

Men 10000 Meter Run				
	Name	Yr	School	Finals
Finals				
1	Paul Suflita	SR	RIT	32:23.28
2	Gabriel Spanbauer	JR	Geneseo	32:42.70
3	Jack Heraty	JR	Geneseo	32:43.65
4	Giovanni Ventura	JR	Buffalo State	32:52.86
5	Miguel Benito	JR	Brockport	33:12.24
6	Eion McClain	JR	Geneseo	33:16.08
7	Evan Fisher-Perez	SR	RIT	34:56.66
8	Clayton Koppi	SR	RIT	35:07.52
9	Zachary Sowers	FR	RIT	35:39.58
10	Reid Hooker	SO	St. John Fisher	35:40.92
11	Alex Colonno	JR	Le Moyne	35:41.09
12	Nathan Szatkowski	SR	St. John Fisher	36:04.70
13	David Schwinger	JR	Daemen	37:13.36
14	Zach Lester	FR	Finger Lakes	38:46.57
---	Zachary Eckhardt	SR	RIT	DNF

Men 110 Meter Hurdles				
	Name	Yr	School	Finals
Finals				
1	Connor McCauslin	SR	Nazareth	15.21 2.3
2	Adam Kamagate	SO	Daemen	15.69 1.0
3	Trenton Wynn	SR	St. John Fisher	16.17 2.3
4	Eric Antonecchia	SO	RIT	16.30 2.3
5	Cameron Chambers	SO	RIT	16.35 2.3
6	John Ruggio	SR	St. John Fisher	16.85 1.0
7	Garrett Dietrich	SR	Rochester	16.89 -1.2
8	Mark Magyar	FR	Rochester	17.07 2.3
9	Elijah VanHoover	FR	Rochester	17.08 -1.2
10	Carlton Garnes	FR	Nazareth	17.15 -1.2

11	Cory Jarvis	FR	Geneseo	17.24 2.3
12	Ben Vanaskie	SO	RIT	17.45 -1.2
13	Jacob Schmid	JR	Geneseo	17.49 2.3
14	Connor Beagle	JR	Roberts Wesleyan	19.88 -1.2
15	Pedro Moscoso	JR	Roberts Wesleyan	20.15 1.0
16	Justin Luna	SO	Finger Lakes	21.26 -1.2

Men 400 Meter Hurdles				
	Name	Yr	School	Finals
Finals				
1	John Ruggio	SR	St. John Fisher	57.61
2	Mark Magyar	FR	Rochester	58.38
3	Sean Graves	FR	RIT	59.17
4	Henry Morris	FR	St. Bonaventure	59.26
5	Spencer Zeltmann	JR	Le Moyne	59.81
6	Cory Jarvis	FR	Geneseo	1:01.50
7	Luke Defio	JR	St. John Fisher	1:01.69
8	Elijah VanHoover	FR	Rochester	1:01.87
9	Garrett Dietrich	SR	Rochester	1:02.88
10	Terry Tillock	FR	Le Moyne	1:03.40
11	Jordan Schlagenhauf	SO	Roberts Wesleyan	1:06.42
12	Elias Adamson-Endres	JR	Brockport	1:08.11
13	Kyle Brown	JR	Alfred State	1:08.19
14	Connor Beagle	JR	Roberts Wesleyan	1:08.28
15	Gavin Henderson	JR	St. John Fisher	1:09.59
16	Justin Luna	SO	Finger Lakes	1:14.69

Men 3000 Meter Steeplechase				
	Name	Yr	School	Finals
Finals				
1	Jack Gibson	JR	Le Moyne	9:40.58
2	William McCarthy	FR	St. Bonaventure	9:47.23
3	Connor O'Brien	JR	Daemen	9:57.19
4	Connor Couperus	FR	Brockport	10:09.35
5	Jackson Burger	FR	RIT	10:16.24
6	Gus Smith	FR	Rochester	10:29.70
7	Henry Trost	SR	St. Bonaventure	10:30.22
8	Drew Garringer	FR	Rochester	10:35.64
9	Tyler Schott	SO	St. Bonaventure	10:38.89
10	Howie Vargas	FR	Brockport	10:41.59
11	Owen Noecker	JR	St. Bonaventure	10:49.70
12	Aidan Ward	FR	Brockport	10:56.43
13	Maxwell Chiarella	SO	Alfred State	11:08.78
14	Joshua Sandoval	SO	St. John Fisher	11:19.69
---	Evan Cornwell	FR	Brockport	DNF

Men 4x100 Meter Relay			
	Team	Relay	Finals
Finals			
1	Buffalo State		42.40
	1) Logan Abate FR	2) Kai Messmer FR	
	3) Jarrod Polk SO	4) Tyler McGrath SO	
2	RIT		43.77
	1) Tucker Haluszczak FR	2) Nicholas Lusardi FR	
	3) Eric Antonecchia SO	4) Jonathan Jacobs JR	

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Finals ... (Men 4x100 Meter Relay)

Team	Relay	Finals
3 Daemen		43.92
1) Samir Laroussi JR	2) John Jaworski JR	
3) Owen Dernbach FR	4) Seth Connery FR	
4 Le Moyne		44.34
1) Brandon Scott JR	2) Connor Scott SO	
3) Jordan Johnson SO	4) Payton Hirsch SO	
5 Alfred State		44.46
1) Nicholas Florczak SO	2) Patrick Puffer FR	
3) Isaac Rivet JR	4) Mekhi Christensen FR	

Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Nazareth		3:24.92
1) Ben Lewis JR	2) Gavin McAllister SO	
3) Jaylen Savage SO	4) Michael Puglisi SO	
2 Geneseo		3:29.23
1) Aaron Langston SO	2) Marcus Lewis SO	
3) Drew Cox SO	4) Dawson Wadsworth FR	
3 St. Bonaventure	B	3:30.79
1) Riley Dillon FR	2) Christian Figueroa SO	
3) Joshua Lopez FR	4) Kieran Ryan SR	
4 Rochester		3:35.26
1) Mark Magyar FR	2) Christian Voloshen SR	
3) Colin Hascup JR	4) Skye Crocker JR	
5 Nazareth	B	x3:36.70
1) Jack Healy FR	2) Joseph Nettles JR	
3) Noah Engel JR	4) Cole Hastings FR	
6 St. Bonaventure	C	x3:37.19
1) Jacob Armer FR	2) Zane Courtwright SR	
3) Aidan Hurley FR	4) Henry Morris FR	
7 Alfred State		3:38.32
1) Connor Schreiber FR	2) Brian Clark JR	
3) Kyle Brown JR	4) Mamadou Barry FR	
8 Nazareth	C	x3:41.13
1) Brennan Farr FR	2) Joe Cataldo SO	
3) Kenny Williams SR	4) Nolan Manahan FR	
9 Brockport		3:47.40
1) Cody Harloff FR	2) Matthew Quinn JR	
3) Andrew Lembo-Ehms SR	4) Cassidy Gilmore SO	
10 Brockport	B	x3:47.83
1) Cristian Zabala JR	2) Lukas Walters JR	
3) Michael McGowan JR	4) Daniel Morgan SO	
11 St. Bonaventure	D	x3:48.29
1) Drew Carlson JR	2) Brennen Cockrell FR	
3) Ryan Umiker FR	4) Brecken Riley FR	
12 Le Moyne	B	3:48.48
1) Michael Purvis FR	2) Tyler Cooper FR	
3) Evan Breitbeck JR	4) Jack Gibson JR	
13 Le Moyne		x3:51.23
1) Matthew Frisa JR	2) Payton Hirsch SO	
3) Spencer Zeltmann JR	4) Joseph Pecoraro SO	

14 St. Bonaventure	x3:52.89
1) Aiden Scattergood SO	2) Casey Malloy SO
3) William McCarthy FR	4) Clay Peets JR

Men High Jump

Name	Yr	School	Finals
Finals			
1 Sean Cochrane	SR	St. John Fisher	1.96m
2 Aadit Jain	SO	Rochester	1.86m
2 Dillon Murphy	SO	Brockport	1.86m
4 Bryant DePaull	SO	St. John Fisher	1.86m
5 Bradley Baybutt	JR	RIT	1.81m
6 Griffin Killian	FR	St. John Fisher	1.76m
7 Terreque Davis	FR	Finger Lakes	1.71m
7 Jason Marchincin	SO	Nazareth	1.71m
9 Kuyler Coffin	SO	St. John Fisher	1.71m
10 Tate Finger	FR	Rochester	1.71m
--- JC Mve Mvondo	FR	RIT	NH
--- David Argentieri	FR	St. John Fisher	NH

Men Pole Vault

Name	Yr	School	Finals
Finals			
1 Chris Kaszynski	JR	Buffalo State	4.61m
2 Hayden Penna	FR	St. John Fisher	4.46m
3 Ryan Swenson	FR	RIT	4.16m
4 Daniel Reinhart	FR	Brockport	4.16m
5 Memphis Lohnes	JR	Brockport	4.16m
6 Aidan Sheahan	SR	RIT	4.16m
7 Drew Allocco	SO	Geneseo	4.01m
8 Alexander Bauer	JR	RIT	4.01m
9 Jack DiLiberto	SO	Brockport	3.71m
9 Corey Suhr	FR	Brockport	3.71m
11 JT Mariotti	FR	Alfred State	3.71m
12 Nathan Crane	JR	Brockport	3.71m
13 Duncan Haldeman	JR	RIT	3.71m
14 Alexander Tomaszewski	FR	RIT	3.56m
14 Cameron Thomas	FR	Brockport	3.56m
16 Chris Weiner	SR	Brockport	3.56m
17 Jonathan McNamara	JR	Geneseo	3.56m
18 Mason Wandtke	FR	Brockport	3.26m
--- Aren Weigert	FR	Finger Lakes	NH
--- Hunter Zangerle	SO	Brockport	NH
--- Cody Reeth	SO	Rochester	NH
--- Dylan Cannon	FR	Alfred State	NH
--- Cyrus Comfort	FR	Roberts Wesleyan	DNS
--- Jason Bletsko	SO	Nazareth	DNS
--- Brett Patmore	SR	Geneseo	DNS

Men Long Jump

Name	Yr	School	Finals
Finals			
1 Kyle Lane	SR	Rochester	6.60m -1.7
2 Maxwell Zielonka	FR	Rochester	6.52m +0.0
3 Matthew Stasiw	SR	St. John Fisher	6.37m +0.0
4 Hunter Zangerle	SO	Brockport	6.35m 2.4

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Finals ... (Men Long Jump)				
	Name	Yr	School	Finals
5	Patrick Puffer	FR	Alfred State	6.22m 1.6
6	Herven Sanon	FR	Brockport	6.18m -0.3
7	Jason Weng	SO	St. John Fisher	6.17m 3.2
8	Cameron Rynders	JR	Brockport	6.13m 1.7
9	Jacob Schmid	JR	Geneseo	6.06m 1.7
10	Adam Specht	JR	Geneseo	6.02m +0.0
11	Oliver Annon	SO	Rochester	5.98m +0.0
12	Kyle Kelsey	FR	Rochester	5.92m 1.4
13	Giorden Martin	FR	Daemen	5.76m 1.9
14	D'Andre Hunter	SR	Brockport	5.74m 0.9
15	Marcus Lewis	SO	Geneseo	5.71m 2.9
15	Timothy Shin	FR	RIT	5.71m 0.8
17	Joseph Smith	FR	Rochester	5.68m +0.0
18	Trent Gobble	FR	RIT	5.62m 1.7
19	Owen Dernbach	FR	Daemen	5.61m +0.0
20	Regis Agbata	FR	RIT	5.58m 1.7
20	Trey Feirman	FR	Geneseo	5.58m 0.6
22	Aidan Sheahan	SR	RIT	5.53m 1.6
23	Bradley Baybutt	JR	RIT	5.48m 2.2
23	Caleb Clarke	SR	Geneseo	5.48m 1.6
25	JC Mve Mvondo	FR	RIT	5.38m 1.8
26	Justin Luna	SO	Finger Lakes	4.97m 1.0
---	KJ Newman	SO	Brockport	DNS NWI
---	Howard Nix	SO	Brockport	DNS NWI
---	Isaac Rivet	JR	Alfred State	DNS NWI
---	Aden Alexander	SO	Alfred State	DNS NWI
---	Hayden Kiehl	FR	Roberts Wesleyan	DNS NWI
---	Seth Connery	FR	Daemen	DNS NWI
---	Micah Walker	SR	Brockport	DNS NWI

Men Triple Jump				
	Name	Yr	School	Finals
Finals				
1	Sean Stewart	JR	Geneseo	13.46m 2.0
2	Adam Specht	JR	Geneseo	13.04m 1.4
3	Aden Alexander	SO	Alfred State	12.80m 2.4
4	Noah Dueker	FR	St. John Fisher	12.80m 1.2
5	Micah Walker	SR	Brockport	12.73m 1.9
6	Cameron Rynders	JR	Brockport	12.54m 1.6
7	Dylan Olson	JR	Geneseo	12.52m 1.2
8	Isaac Rivet	JR	Alfred State	12.40m 0.7
9	Joseph Smith	FR	Rochester	12.27m 2.2
10	Timothy Shin	FR	RIT	12.16m 1.5
---	Carlton Games	FR	Nazareth	FOUL
---	Kyle Lane	SR	Rochester	DNS NWI
---	Mikhail Sokoloff	JR	Roberts Wesleyan	DNS NWI
---	D'Andre Hunter	SR	Brockport	DNS NWI

Men Shot Put				
	Name	Yr	School	Finals
Finals				
1	Alex Rood	JR	Brockport	15.87m
2	Jason Marincic	SR	Brockport	14.94m
3	Xzavier Goodman	FR	Buffalo State	14.74m

4	Ethan Beer	FR	Rochester	14.52m
5	Demar Osbourne	JR	Roberts Wesleyan	13.80m
6	Yohermy Kpodo	SR	RIT	13.02m
7	Kevin Fobare	SR	Rochester	13.01m
8	Mitchell Ellsworth	FR	Brockport	12.60m
9	Dylan Rykert	SR	Rochester	12.51m
10	Tyler Lantrip	FR	Alfred State	12.46m
11	Joey Curr	SO	St. John Fisher	12.36m
12	Brandon Kaplan	SO	St. John Fisher	12.25m
13	Brandon Balonek	FR	St. John Fisher	11.75m
14	Matt Muscolo	JR	Brockport	11.67m
15	Noah Wilson	FR	RIT	11.36m
16	Jordan Moran	JR	Roberts Wesleyan	11.13m
17	Jairo Agosto	FR	Alfred State	11.11m
18	Duncan Harbin	FR	Brockport	11.07m
19	Tyler Spencer	JR	Buffalo State	10.98m
20	David Dobrowolski	FR	Nazareth	10.52m
21	Greg Raymond	FR	Alfred State	10.45m
22	Corden Zimmerman	SO	Roberts Wesleyan	10.31m
23	Jacob DeWilde	JR	Brockport	10.10m
24	Jacob Ashe	JR	Buffalo State	9.62m
25	Joseph Doran	FR	Le Moyne	8.76m
---	Daniel Stephens	SR	St. John Fisher	FOUL
---	Dominic Cervellera	SO	Buffalo State	FOUL
---	Nicholas Bocach	SO	Brockport	FOUL

Men Discus Throw				
	Name	Yr	School	Finals
Finals				
1	Xzavier Goodman	FR	Buffalo State	43.64m
2	Ethan Beer	FR	Rochester	42.75m
3	Dominic Cervellera	SO	Buffalo State	42.16m
4	Brandon Russell	FR	Alfred State	40.12m
5	Kevin Fobare	SR	Rochester	39.59m
6	Jordan Johnson	JR	Rochester	39.03m
7	Alex Rood	JR	Brockport	38.72m
8	Jason Marincic	SR	Brockport	37.87m
9	Matt Muscolo	JR	Brockport	37.87m
10	Dylan Rykert	SR	Rochester	37.42m
11	Joey Curr	SO	St. John Fisher	37.32m
12	Demar Osbourne	JR	Roberts Wesleyan	35.41m
13	Yohermy Kpodo	SR	RIT	35.02m
14	Duncan Harbin	FR	Brockport	34.95m
15	David Dobrowolski	FR	Nazareth	34.53m
16	Zajans Crapo	JR	Rochester	34.30m
17	Bryce Grove	SO	St. John Fisher	34.15m
18	Kyle Kapichok	FR	Alfred State	33.38m
19	Loren Baker	FR	RIT	30.40m
20	Caleb Clarke	SR	Geneseo	30.03m
21	Jason Hunt-McLean	FR	Finger Lakes	29.45m
22	Jacob DeWilde	JR	Brockport	29.26m
23	Corden Zimmerman	SO	Roberts Wesleyan	27.99m
---	Greg Raymond	FR	Alfred State	FOUL
---	Dawson Levan	JR	Roberts Wesleyan	FOUL
---	Mitchell Ellsworth	FR	Brockport	FOUL
---	Ben Meyer	FR	Nazareth	DNS

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Finals ... (Men Discus Throw)

Name	Yr	School	Finals
--- Chris Miller	FR	Geneseo	DNS

Men Hammer Throw

Name	Yr	School	Finals
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Finals

1	Brandon Kaplan	SO	St. John Fisher	52.93m
2	Jordan Johnson	JR	Rochester	51.88m
3	Nolan Ragland	SR	Rochester	51.86m
4	Xzavier Goodman	FR	Buffalo State	50.36m
5	Zajans Crapo	JR	Rochester	45.56m
6	Matt Muscolo	JR	Brockport	45.48m
7	Armaan Butler	FR	Rochester	45.39m
8	Greg Raymond	FR	Alfred State	43.24m
9	Alex Rood	JR	Brockport	42.61m
10	David Dobrowolski	FR	Nazareth	41.41m
11	Tyler Spencer	JR	Buffalo State	40.92m
12	Joseph Doran	FR	Le Moyne	40.43m
13	Tyler Lantrip	FR	Alfred State	40.37m
14	Jack Bickford	SR	St. John Fisher	40.30m
15	Jacob DeWilde	JR	Brockport	39.64m
16	Declan Murphy	SO	Nazareth	39.06m
17	Yohermy Kpodo	SR	RIT	38.60m
18	Gavin Grinnell	SO	St. John Fisher	37.84m
19	Brandon Russell	FR	Alfred State	37.75m
20	Mason Banks	FR	RIT	36.93m
21	Bryce Grove	SO	St. John Fisher	36.89m
22	Jordan Moran	JR	Roberts Wesleyan	36.64m
23	Nicholas Bocach	SO	Brockport	36.58m
24	Duncan Harbin	FR	Brockport	36.37m
25	Demar Osbourne	JR	Roberts Wesleyan	36.23m
26	Greg Watson	FR	RIT	35.43m
27	Michael Christensen	FR	Daemen	35.30m
28	Mitchell Ellsworth	FR	Brockport	31.96m
29	Jacob Ashe	JR	Buffalo State	26.24m
---	Kevin Fobare	SR	Rochester	FOUL
---	Dominic Cervellera	SO	Buffalo State	FOUL
---	Jairo Agosto	FR	Alfred State	DNS

Men Javelin Throw

Name	Yr	School	Finals
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Finals

1	Jordan Johnson	JR	Rochester	54.71m
2	Andrew Bernacki	SR	RIT	54.59m
3	Jason Mohr	JR	RIT	54.11m
4	Brett Patmore	SR	Geneseo	48.12m
5	Chris Diem	JR	Buffalo State	46.16m
6	Zajans Crapo	JR	Rochester	44.63m
7	Kyle Kapichok	FR	Alfred State	42.00m
8	Sam Tuttle	SR	Brockport	41.39m
9	Daniel Reinhart	FR	Brockport	40.09m
10	Brandon Russell	FR	Alfred State	39.78m
11	Jason Marincic	SR	Brockport	39.64m
12	Cyril Anderson	SO	Le Moyne	39.39m
13	Davyn Gulbrandsen	JR	Alfred State	38.27m

14	David Shaffer	SO	RIT	38.18m
15	Kyle Lane	SR	Rochester	37.44m
16	Matt Muscolo	JR	Brockport	37.23m
17	Daniel Wart	JR	Roberts Wesleyan	36.78m
18	Ethan Fox	SO	St. John Fisher	36.04m
19	Chris Miller	FR	Geneseo	36.00m
20	Felix Pena	JR	Le Moyne	35.97m
21	Cole Fuller	JR	St. John Fisher	35.65m
22	Carter Puylara	JR	Roberts Wesleyan	34.85m
23	Elliot Bernacki	JR	RIT	34.05m
24	Dylan Rykert	SR	Rochester	33.04m
25	Jonathan McNamara	JR	Geneseo	32.61m
26	Joseph O'Connell	FR	Buffalo State	30.80m
27	Jason Hunt-McLean	FR	Finger Lakes	30.07m
28	Bryan Jacobs	JR	Geneseo	29.24m
29	Joseph Pecoraro	SO	Le Moyne	28.49m
30	Ethan Denzak	SR	St. John Fisher	28.32m
31	Mason Banks	FR	RIT	23.53m
---	Gabe Wilson	SO	Nazareth	DNS

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals		
Finals					
1	Gabe Thyne	JR	Rochester	11.35	784
2	Gabe Giannini	FR	Brockport	11.39	776
3	Jack Pomykaj	SO	Nazareth	11.40	774
4	Aeden Angelone	SR	Rochester	11.52	748
5	Tyler Miller	JR	Brockport	11.54	744
6	Ashton Tokarski	FR	Rochester	11.66	719
7	Holden Thomas	SO	Nazareth	11.97	657
8	Aaron Lund	SO	Nazareth	11.98	655
9	Ryan DeShane	SO	Nazareth	12.17	618
10	Keenan Gosselin	FR	RIT	12.52	552

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals		
Finals					
1	Gabe Thyne	JR	Rochester	50.36	798
2	Gabe Giannini	FR	Brockport	52.03	723
3	Aeden Angelone	SR	Rochester	52.44	706
4	Jack Pomykaj	SO	Nazareth	53.66	654
5	Aaron Lund	SO	Nazareth	53.71	652
6	Tyler Miller	JR	Brockport	53.79	648
7	Ashton Tokarski	FR	Rochester	55.20	591
8	Keenan Gosselin	FR	RIT	57.26	511
9	Holden Thomas	SO	Nazareth	57.90	487
10	Ryan DeShane	SO	Nazareth	1:00.74	388

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals		
Finals					
1	Gabe Giannini	FR	Brockport	1.84m	661
2	Gabe Thyne	JR	Rochester	1.81m	636
2	Aeden Angelone	SR	Rochester	1.81m	636
4	Aaron Lund	SO	Nazareth	1.78m	610
5	Tyler Miller	JR	Brockport	1.72m	560

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Finals ... (Decathlon: #4 Men High Jump Decathlon)

	Name	Yr	School	Finals	
5	Ashton Tokarski	FR	Rochester	1.72m	560
7	Jack Pomykaj	SO	Nazareth	1.69m	536
8	Keenan Gosselin	FR	RIT	1.60m	464
9	Ryan DeShane	SO	Nazareth	1.57m	441
10	Holden Thomas	SO	Nazareth	1.51m	396

Decathlon: #2 Men Long Jump Decathlon

	Name	Yr	School	Finals	
Finals					
1	Gabe Thyne	JR	Rochester	6.55m	709
2	Gabe Giannini	FR	Brockport	6.41m	677
3	Aaron Lund	SO	Nazareth	6.32m	657
4	Aeden Angelone	SR	Rochester	6.13m	615
5	Tyler Miller	JR	Brockport	6.10m	608
6	Jack Pomykaj	SO	Nazareth	6.03m	593
7	Holden Thomas	SO	Nazareth	5.90m	565
8	Ashton Tokarski	FR	Rochester	5.80m	544
9	Ryan DeShane	SO	Nazareth	5.57m	496
10	Keenan Gosselin	FR	RIT	5.51m	483

Decathlon: #3 Men Shot Put Decathlon

	Name	Yr	School	Finals	
Finals					
1	Aeden Angelone	SR	Rochester	11.72m	589
2	Keenan Gosselin	FR	RIT	11.47m	574
3	Aaron Lund	SO	Nazareth	10.98m	545
4	Gabe Thyne	JR	Rochester	10.00m	486
5	Tyler Miller	JR	Brockport	9.84m	476
6	Ashton Tokarski	FR	Rochester	9.60m	462
7	Gabe Giannini	FR	Brockport	9.03m	428
8	Jack Pomykaj	SO	Nazareth	8.95m	423
9	Holden Thomas	SO	Nazareth	7.64m	345
10	Ryan DeShane	SO	Nazareth	7.54m	339

Men Decathlon

	Name	Yr	School	Finals	
Finals					
1	Gabe Thyne	JR	Rochester	3413	
2	Aeden Angelone	SR	Rochester	3294	
3	Gabe Giannini	FR	Brockport	3265	
4	Aaron Lund	SO	Nazareth	3119	
5	Tyler Miller	JR	Brockport	3036	
6	Jack Pomykaj	SO	Nazareth	2980	
7	Ashton Tokarski	FR	Rochester	2876	
8	Keenan Gosselin	FR	RIT	2584	
9	Holden Thomas	SO	Nazareth	2450	
10	Ryan DeShane	SO	Nazareth	2282	